

2024 MSHSL Section 5AA Girls

May 28th & May 30th at Monticello

Team Scores:

1.	Monticello	167
2.	Foley	102.5
3.	Becker	102
4.	Zimmerman	69
5.	Spectrum	65.5
6.	Milaca	52.5
7.	St. Cloud Tech	44
8.	Big Lake	38
9.	Princeton	37.5
10.	St. Francis	34
11.	St. Cloud Apollo	20

Girls Wheelchair 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Isabella Angell Monticello 27.87a -1.8
- 2 Emily Scheidegger Milaca 30.38a -1.8
- 3 Tayla Gassman Big Lake 32.31a -1.8

Girls Wheelchair 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Isabella Angell Monticello 55.18a -1.7
- 2 Emily Scheidegger Milaca 58.50a -1.7
- 3 Tayla Gassman Big Lake 1:04.96a -1.7

Girls Wheelchair 400 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Emily Scheidegger Milaca 2:04.68a

Girls Wheelchair Shot Put Finals

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Athlete Yr Team Mark

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- 1 Tayla Gassman Big Lake 20-0.75
- 2 Addison Swenson Zimmerman 14-2
- 3 Isabella Angell Monticello 10-6.25

Girls Wheelchair Discus Finals

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Athlete Yr Team Mark

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- 1 Tayla Gassman Big Lake 41-1.5
- 2 Addison Swenson Zimmerman 25-8.5
- 3 Isabella Angell Monticello 25-7

Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Sasha Steinbach Monticello 12.38a -2.4
- 2 Emelia Skistad Monticello 12.49a -2.4
- 3 Alaina Burney Spectrum 13.08a -2.4
- 4 Jayden Peterson Zimmerman 13.19a -2.4
- 5 Salayna Allen Becker 13.32a -2.4
- 6 Emily Gardas Zimmerman 13.34a -2.4
- 7 Lillian Koenig Princeton 13.46a -2.4
- 8 Kacie Lilledahl Monticello 13.48a -2.4

Girls Varsity 100 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Sasha Steinbach Monticello 12.18a 0.0
- 2 Emelia Skistad Monticello 12.26a 0.0
- 3 Alaina Burney Spectrum 12.86a 0.0
- 5 Salayna Allen Becker 12.88a 0.0
- 4 Emily Gardas Zimmerman 12.89a 0.0
- 6 Lillian Koenig Princeton 12.98a 0.0
- 7 Jayden Peterson Zimmerman 13.12a 0.0
- 8 Kacie Lilledahl Monticello 13.19a 0.0
- 9 Aaliyah McKnight St. Cloud Tech 13.40a 0.0
- 10 Gracie Zimmer Foley 13.41a 0.0
- 11 Payton Marshall St. Cloud Tech 13.42a 0.0
- 12 Jayna Benson St. Cloud Tech 13.55a 0.0
- 13 Shiloh Elliott Big Lake 13.57a 0.0
- 14 Leon Morris Becker 13.58a 0.0
- 15 Braelyn Rudolph Foley 13.59a 0.0
- 16 Taylor Johnson St. Francis 13.60a 0.0
- 17 Sydney Taylor Spectrum 13.60a 0.0
- 18 Olivia Barke Milaca 13.67a 0.0
- 19 Lela Burdick Spectrum 13.71a 0.0
- 20 Alayna Boe Big Lake 13.77a 0.0
- 21 Samantha Meyer Milaca 13.83a 0.0
- 22 Leah Steenerson St. Francis 13.86a 0.0
- 23 Ella Connors Princeton 13.93a 0.0
- 24 Madilyn Niznik St. Francis 13.97a 0.0
- 25 Esther Evans Milaca 14.00a 0.0
- 26 Ella Johnson Big Lake 14.21a 0.0
- 27 Mia Lohoff Zimmerman 14.25a 0.0
- 28 Sydney Nelson Princeton 14.30a 0.0
- 29 Leighton Engel St. Cloud Apollo 14.60a 0.0
- 30 Kailey Ginter St. Cloud Apollo 15.40a 0.0

Girls Varsity 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Emelia Skistad Monticello 24.69a -2.4
- 2 Sasha Steinbach Monticello 25.50a -2.4
- 3 Olivia Sauer Foley 25.91a -2.4

- 4 Addison Beier Foley 26.13a -2.4
- 5 Alaina Burney Spectrum 26.57a -2.4
- 6 Josie Reckelberg Becker 27.17a -2.4
- 7 Emily Gardas Zimmerman 27.31a -2.4
- 8 Kylee Morton Becker 27.46a -2.4

Girls Varsity 200 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Emelia Skistad Monticello 24.78a 0.0
- 2 Sasha Steinbach Monticello 25.22a 0.0
- 3 Olivia Sauer Foley 25.60a 0.0
- 4 Addison Beier Foley 25.82a 0.0
- 5 Alaina Burney Spectrum 26.06a 0.0
- 6 Josie Reckelberg Becker 26.81a 0.0
- 7 Emily Gardas Zimmerman 26.93a 0.0
- 8 Kylee Morton Becker 27.03a 0.0
- 9 Aaliyah McKnight St. Cloud Tech 27.47a 0.0
- 10 Adyson Arens Milaca 27.49a 0.0
- 11 Brooke Lindberg Monticello 27.78a 0.0
- 12 Taylor Johnson St. Francis 28.01a 0.0
- 13 Eleonora Piva Big Lake 28.08a 0.0
- 14 Sydney Roy Big Lake 28.09a 0.0
- 15 Frannie Freese Milaca 28.64a 0.0
- 16 Samantha Meyer Milaca 28.67a 0.0
- 17 Braelyn Rudolph Foley 28.71a 0.0
- 18 Lela Burdick Spectrum 28.74a 0.0
- 19 Maneena Thomas Big Lake 28.84a 0.0
- 20 Elle Herzog St. Francis 29.31a 0.0
- 21 Alexis Natzel St. Francis 29.64a 0.0
- 22 Abby Atwood Becker 29.73a 0.0
- 23 Nahara Kevis St. Cloud Tech 29.82a 0.0
- 24 Hannah Kofstad Princeton 29.97a 0.0
- 25 Sayla Dittbenner Spectrum 30.10a 0.0
- 26 Ayla Eyvindsson St. Cloud Tech 30.32a 0.0
- 27 Kailey Ginter St. Cloud Apollo 30.74a 0.0
- 28 Achan Wang St. Cloud Apollo 30.91a 0.0
- 29 Apiew Wang St. Cloud Apollo 30.95a 0.0
- 30 Jordyn Berwald Zimmerman 31.01a 0.0
- 31 Madeline Hass Zimmerman 31.38a 0.0

Girls Varsity 400 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Kaela Skistad Monticello 56.85a
- 2 Adrienne Hansen Monticello 1:00.44a
- 3 Ellie Linden Milaca 1:00.75a
- 4 Jada Martindale Milaca 1:01.56a
- 5 Andersyn Changamire Becker 1:01.63a
- 6 Kylie Storkamp Foley 1:02.04a
- 7 Veronica Joseph Monticello 1:02.98a
- 8 Kaylyn Rickard Becker 1:03.98a

Girls Varsity 400 Meters Prelims

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Athlete Yr Team Mark Wind

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- =====
- 1 Kaela Skistad Monticello 57.81a
 - 2 Jada Martindale Milaca 1:01.73a
 - 3 Adrienne Hansen Monticello 1:01.79a
 - 4 Andersyn Changamire Becker 1:01.90a
 - 5 Ellie Linden Milaca 1:02.32a
 - 6 Kylie Storkamp Foley 1:02.68a
 - 7 Veronica Joseph Monticello 1:04.34a
 - 8 Kaylyn Rickard Becker 1:05.14a
 - 9 Lauren Gazdzik St. Cloud Tech 1:05.50a
 - 10 Eleonora Piva Big Lake 1:06.33a
 - 11 Madison Hall St. Francis 1:06.77a
 - 12 Macy Hass St. Francis 1:07.27a
 - 13 Bella Lamson St. Francis 1:07.90a
 - 14 Arrianna Wagner Big Lake 1:08.06a
 - 15 Vera Genereux St. Cloud Tech 1:09.09a
 - 16 Lily Johnson Zimmerman 1:09.58a
 - 17 Lily Beck Spectrum 1:10.08a
 - 18 Jordyn Berwald Zimmerman 1:10.19a
 - 19 Abby Atwood Becker 1:10.67a
 - 20 Ellen Negus Spectrum 1:11.40a
 - 21 Helen Lachinski Foley 1:11.94a
 - 22 Daniella Orton Spectrum 1:12.87a
 - 23 Avah Wiitala Zimmerman 1:16.05a
 - 24 Macy Knaffla Milaca 1:18.40a

Girls Varsity 800 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Zili Lenzner St. Cloud Apollo 2:19.56a
- 2 Hope Beck Spectrum 2:23.24a
- 3 Alea Briggs Becker 2:25.44a
- 4 Claire Swanson Zimmerman 2:30.18a
- 5 Marissa Bouley Zimmerman 2:30.69a
- 6 Maren Nelson St. Cloud Tech 2:30.98a
- 7 Isabella Frantesl St. Cloud Tech 2:35.35a
- 8 Meisha Person Spectrum 2:35.44a

Girls Varsity 800 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Alea Briggs Becker 2:25.55a
- 2 Zili Lenzner St. Cloud Apollo 2:27.16a
- 3 Hope Beck Spectrum 2:27.36a
- 5 Maren Nelson St. Cloud Tech 2:27.84a
- 6 Marissa Bouley Zimmerman 2:27.91a
- 4 Claire Swanson Zimmerman 2:33.52a
- 7 Meisha Person Spectrum 2:33.54a
- 8 Isabella Frantesl St. Cloud Tech 2:33.73a
- 9 Whitney Sala Monticello 2:33.95a
- 10 Lilly Dickinson St. Cloud Apollo 2:35.07a
- 11 Amber Lawrence St. Francis 2:35.87a
- 12 Campbell Slattery Big Lake 2:36.14a
- 13 Ashlynn Mold St. Francis 2:37.54a
- 14 Addison Dahl Spectrum 2:39.53a
- 15 Alissa Aanenson St. Francis 2:40.07a

- 16 Emily Lindgren Princeton 2:41.90a
- 17 Kennedy McCalla Monticello 2:43.00a
- 18 Britteny Kroska Foley 2:43.05a
- 19 Katrina Hellman Monticello 2:44.68a
- 20 Elizabeth Daubner Princeton 2:51.19a
- 21 Maya Becker Zimmerman 2:51.94a
- 22 Naomi Huizenga Big Lake 2:53.40a
- 23 Kaitlyn Latterell Foley 2:54.17a
- 24 Lillian Sachs Foley 2:59.23a
- 25 Mackenzie Fournier Milaca 2:59.78a
- 26 Jaiden Kuseske Milaca 3:09.82a
- 27 Macy Knaffla Milaca 3:13.17a

Girls Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Isabel Mahoney Monticello 4:59.71a
- 2 Anniston Rolf St. Francis 5:29.90a
- 3 Mia Opsahl Zimmerman 5:41.98a
- 4 Stella Rusch St. Cloud Tech 5:43.22a
- 5 Meisha Person Spectrum 5:48.06a
- 6 Isabella Frantesl St. Cloud Tech 5:48.75a
- 7 Olivia Babler Becker 5:49.07a
- 8 Lilly Dickinson St. Cloud Apollo 5:50.36a
- 9 Campbell Slattery Big Lake 5:50.92a
- 10 Ali Rosh Monticello 5:51.69a
- 11 Lindsay Peters Zimmerman 5:54.31a
- 12 Maren Nelson St. Cloud Tech 5:58.08a
- 13 Kylie Lindberg Monticello 6:06.03a
- 14 Alyssa Brower Becker 6:07.02a
- 15 Chloe Roeschlein Milaca 6:10.10a
- 16 Greta Merchant Foley 6:12.41a
- 17 Elsa Wogen Princeton 6:13.01a
- 18 Lanie Resendiz Princeton 6:14.68a
- 19 Sophie Hebert St. Cloud Apollo 6:20.88a
- 20 Brianna Stanina Zimmerman 6:23.88a
- 21 Elizabeth Fisk St. Cloud Apollo 6:32.73a
- 22 Sadie Rinowski Spectrum 6:38.34a
- 23 Holly Braun Foley 6:39.23a
- 24 Abbey Jurek Foley 6:49.91a

Girls Varsity 3200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Isabel Mahoney Monticello 10:32.86a
- 2 Emily Baker Zimmerman 11:20.21a
- 3 Hannah Boese Spectrum 11:20.63a
- 4 Anniston Rolf St. Francis 11:41.26a
- 5 Stella Rusch St. Cloud Tech 12:21.12a
- 6 Lydia Anderson Foley 12:22.83a
- 7 Mia Opsahl Zimmerman 12:25.64a
- 8 Olivia Babler Becker 12:39.77a
- 9 Braylen Hansen Monticello 12:56.90a
- 10 Ava Meyer Spectrum 13:03.31a
- 11 Emilee Doperalski Big Lake 13:04.11a
- 12 Chloe Roeschlein Milaca 13:11.24a

- 13 Sophie Hebert St. Cloud Apollo 13:21.98a
- 14 Lauren Rengel Monticello 13:28.20a
- 15 Reagan Noble St. Cloud Tech 13:29.17a
- 16 Elsa Wogen Princeton 13:47.33a
- 17 Natalie Trenz Becker 14:02.34a
- 18 Melania Larson Spectrum 14:16.92a

Girls Varsity 100m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Lillian Koenig Princeton 16.13a -3.1
- 2 Kailey Thompson Becker 16.22a -3.1
- 3 Lauren Woelfel Becker 16.43a -3.1
- 4 Alivia Voss Big Lake 17.23a -3.1
- 5 Leah Uphoff Big Lake 17.24a -3.1
- 6 Hadley Schultz Monticello 17.67a -3.1
- 7 Madeline Adkisson Foley 17.86a -3.1
- 8 Alana Becklund Monticello 18.17a -3.1

Girls Varsity 100m Hurdles Prelims

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Athlete Yr Team Mark Wind

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- 1 Kailey Thompson Becker 16.04a 0.0
- 2 Lillian Koenig Princeton 16.05a 0.0
- 3 Lauren Woelfel Becker 16.63a 0.0
- 4 Leah Uphoff Big Lake 16.85a 0.0
- 5 Hadley Schultz Monticello 17.01a 0.0
- 6 Alana Becklund Monticello 17.31a 0.0
- 7 Alivia Voss Big Lake 17.43a 0.0
- 8 Madeline Adkisson Foley 17.55a 0.0
- 9 Britta White Big Lake 17.69a 0.0
- 10 Audrianna Gohman Monticello 17.76a 0.0
- 11 Abbigale Paulson St. Francis 17.87a 0.0
- 12 Brittney Lueck Princeton 17.88a 0.0
- 13 Tierstin Schwieger Princeton 18.09a 0.0
- 14 Khloe Thom Becker 18.17a 0.0
- 15 Sarah Smith Spectrum 18.23a 0.0
- 16 Daija Schwartz Milaca 18.34a 0.0
- 17 Addison Sluis Milaca 18.45a 0.0
- 18 Hailey Miller St. Cloud Tech 18.91a 0.0
- 19 Claire Chalberg Milaca 18.99a 0.0
- 20 Ava Poseley Zimmerman 19.08a 0.0
- 21 Sophie Nelson Foley 19.35a 0.0
- 22 Etta Glinsek Spectrum 19.61a 0.0
- 23 Miriam Miller St. Francis 19.83a 0.0
- 24 Lorelai Terhaar Foley 19.86a 0.0
- 25 Sydnee Stanoch St. Cloud Apollo 19.93a 0.0
- 26 Freedom Gor St. Cloud Tech 19.97a 0.0
- 27 Lydia Frette Spectrum 20.26a 0.0
- 28 Paiten Hoffman St. Francis 20.54a 0.0
- 29 Teagan Earley Zimmerman 20.92a 0.0
- 30 Hazel Schoenrock St. Cloud Tech 21.93a 0.0
- Achan Wang St. Cloud Apollo DQ 0.0

Girls Varsity 300m Hurdles Finals

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Athlete Yr Team Mark Wind

- =====
- 1 Lillian Koenig Princeton 47.32a
 - 2 Kailey Thompson Becker 47.79a
 - 3 Sabonti Hussein St. Cloud Apollo 48.71a
 - 4 Audrianna Gohman Monticello 48.80a
 - 5 Leah Uphoff Big Lake 49.80a
 - 6 Abbigale Paulson St. Francis 50.32a
 - 7 Madeline Adkisson Foley 50.53a
 - 8 Freedom Gor St. Cloud Tech 52.69a

Girls Varsity 300m Hurdles Prelims

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Athlete Yr Team Mark Wind

- =====
- 1 Lillian Koenig Princeton 48.90a
 - 2 Kailey Thompson Becker 49.10a
 - 3 Sabonti Hussein St. Cloud Apollo 49.52a
 - 5 Audrianna Gohman Monticello 49.66a
 - 6 Leah Uphoff Big Lake 50.00a
 - 7 Abbigale Paulson St. Francis 50.47a
 - 4 Madeline Adkisson Foley 50.77a
 - 8 Freedom Gor St. Cloud Tech 51.15a
 - 9 Hadley Schultz Monticello 51.15a
 - 10 Addison Sluis Milaca 51.94a
 - 11 Teagan Earley Zimmerman 52.57a
 - 12 Khloe Thom Becker 53.33a
 - 13 Alana Becklund Monticello 53.37a
 - 14 Sarah Smith Spectrum 53.61a
 - 15 Antonia Heinks St. Cloud Tech 54.06a
 - 16 Claire Chalberg Milaca 54.33a
 - 17 Tierstin Schwieger Princeton 54.59a
 - 18 Daija Schwartz Milaca 54.99a
 - 19 Kayleigh Pregler Big Lake 55.06a
 - 20 Miriam Miller St. Francis 55.36a
 - 21 Hailey Miller St. Cloud Tech 56.01a
 - 22 Reese Hausmann Becker 57.32a
 - 23 Etta Glinsek Spectrum 57.51a
 - 24 Sophie Nelson Foley 58.60a
 - 25 Lola Smith Zimmerman 58.91a
 - 26 Lorelai Terhaar Foley 58.95a
 - 27 Britta White Big Lake 59.94a
 - 28 Lola Kuchenmeister St. Cloud Apollo 1:12.44a

Girls Varsity 4x100m Relay Finals

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Team Time

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- 1 Becker 50.85a
- 1) Josie Reckelberg 2) Kylee Morton
- 3) Raelee Lyon 4) Salayna Allen
- 2 Milaca 50.97a
- 1) Adyson Arens 2) Samantha Meyer
- 3) Frannie Freese 4) Taylar Bockoven
- 3 Spectrum 51.14a
- 1) Lela Burdick 2) Ashley Kollie
- 3) Sydney Taylor 4) Alaina Burney
- 4 Foley 51.49a

- 1) Liz Thorsten 2) Laura Dohrmann
- 3) Gracie Zimmer 4) Sage Greenwaldt
- 5 Zimmerman 51.98a
- 1) Jayden Peterson 2) Christina Rotz
- 3) Teagan Earley 4) Emily Gardas
- 6 Monticello 52.96a
- 1) Audrianna Gohman 2) Brooke Lindberg
- 3) Lauren Hansen 4) Camdyn Branson
- 7 St. Cloud Tech 53.44a
- 1) Payton Marshall 2) Jayna Benson
- 3) Raena Volker 4) Aaliyah McKnight
- 8 Big Lake 53.55a
- 1) Sydney Roy 2) Shiloh Elliott
- 3) Raina White 4) Britta White
- 9 St. Francis 53.87a
- 1) Leah Steenerson 2) Elle Herzog
- 3) Claire Carpenter 4) Taylor Johnson
- 10 Princeton 53.95a
- 1) Sydney Nelson 2) Tierstin Schwieger
- 3) Brynne Emmerich 4) Kyleigh Noble
- 11 St. Cloud Apollo 54.94a
- 1) Leighton Engel 2) Elizabeth Gach
- 3) Sabonti Hussein 4) Isabelle Landwehr

Girls Varsity 4x200m Relay Finals

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Team Time

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- 1 Monticello 1:40.99a
- 1) Sasha Steinbach 2) Kacie Lilledahl
- 3) Kaela Skistad 4) Emelia Skistad
- 2 Foley 1:44.99a
- 1) Laura Dohrmann 2) Olivia Sauer
- 3) Sage Greenwaldt 4) Addison Beier
- 3 Becker 1:48.65a
- 1) Salayna Allen 2) Kylee Morton
- 3) Kailey Thompson 4) Josie Reckelberg
- 4 Big Lake 1:52.17a
- 1) Sydney Roy 2) Shiloh Elliott
- 3) Leah Uphoff 4) Eleonora Piva
- 5 St. Cloud Tech 1:52.39a
- 1) Aaliyah McKnight 2) Weslie Schuck
- 3) Ayla Eyvindsson 4) Raena Volker
- 6 St. Francis 1:53.38a
- 1) Elle Herzog 2) Leah Steenerson
- 3) Claire Carpenter 4) Abigail Niemi
- 7 Spectrum 1:56.21a
- 1) Sarah Smith 2) Lydia Frette
- 3) Sayla Dittbenner 4) Jezabel Dimaze
- 8 Milaca 1:56.43a
- 1) Adisen Berglund 2) Kylee Johnson
- 3) Esther Evans 4) Olivia Barke
- 9 Zimmerman 2:02.44a
- 1) Kaisa Hogan 2) Charlotte Cox
- 3) Josephine Duvall 4) Lily Johnson

Girls Varsity 4x400m Relay Finals

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Team Time

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- 1 Monticello 4:04.80a
- 1) Adrienne Hansen 2) Kacie Lilledahl
- 3) Camdyn Branson 4) Kaela Skistad
- 2 Foley 4:06.16a
- 1) Sage Greenwaldt 2) Kylie Storkamp
- 3) Olivia Sauer 4) Addison Beier
- 3 Becker 4:10.17a
- 1) Andersyn Changamire 2) Katelyn Brower
- 3) Alea Briggs 4) Alexis Rose
- 4 Spectrum 4:19.17a
- 1) Hannah Boese 2) Sydney Taylor
- 3) Addison Dahl 4) Hope Beck
- 5 Milaca 4:21.19a
- 1) Jada Martindale 2) Addison Sluis
- 3) Daija Schwartz 4) Ellie Linden
- 6 St. Cloud Apollo 4:21.47a
- 1) Zili Lenzner 2) Sabonti Hussein
- 3) Lilly Dickinson 4) Isabelle Landwehr
- 7 St. Francis 4:21.85a
- 1) Ashlynn Mold 2) Madison Hall
- 3) Amber Lawrence 4) Abbigale Paulson
- 8 St. Cloud Tech 4:23.28a
- 1) Lauren Gazdzik 2) Maren Nelson
- 3) Isabella Frantesl 4) Stella Rusch
- 9 Princeton 4:37.83a
- 1) Lanie Resendiz 2) Emily Lindgren
- 3) Elizabeth Daubner 4) Allyson Strandberg
- 10 Big Lake 4:41.51a
- 1) Emily Edlund 2) Kayleigh Pregler
- 3) Erin Kjellberg 4) Naomi Huizenga
- 11 Zimmerman 4:47.33a
- 1) Lily Johnson 2) Jordyn Berwald
- 3) Alyssa Stanina 4) Madison Fisher

Girls Varsity 4x800m Relay Finals

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Team Time

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- 1 Becker 9:44.21a
- 1) Katelyn Brower 2) Andersyn Changamire
- 3) Alea Briggs 4) Alexis Rose
- 2 Zimmerman 9:56.88a
- 1) Madison Fisher 2) Marissa Bouley
- 3) Charlotte Cox 4) Emily Baker
- 3 Monticello 10:15.97a
- 1) Alexis Rimmer 2) Whitney Sala
- 3) Kylie Lindberg 4) Ali Rosh
- 4 St. Francis 10:34.61a
- 1) Ashlynn Mold 2) Macy Hass
- 3) Alissa Aanenson 4) Amber Lawrence
- 5 Foley 10:46.72a
- 1) Lydia Anderson 2) Britteny Kroska
- 3) Greta Merchant 4) Kaitlyn Latterell
- 6 St. Cloud Tech 11:14.43a
- 1) Lauren Gazdzik 2) Antonia Heinks
- 3) Reagan Noble 4) Vera Genereux

7 Spectrum 11:40.37a

- 1) Ellen Negus 2) Daniella Orton
- 3) Morgan Peterson 4) Lily Beck

Girls Varsity Shot Put Finals

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Athlete Yr Team Mark

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- 1 Ella Duevel Foley 35-1.5
- 2 Ella Tschida Becker 34-10.25
- 3 Clara Foss Foley 33-7.75
- 4 Allison Hart Monticello 32-10
- 5 Alexcya Cox-Payton St. Cloud Tech 32-5.5
- 6 Jasmin Downer Monticello 32-3
- 7 Madison Michaels St. Francis 30-11.5
- 8 Addison Greninger Milaca 30-9
- 9 Lucille Hanson Spectrum 30-5.75
- 10 Jayna Benson St. Cloud Tech 30-0.5
- 11 Rayla Trembath Zimmerman 29-1
- 12 Sophia Marshall St. Francis 29-0.5
- 13 Keira Gulickson Zimmerman 28-11
- 14 Kathrine Lemke Monticello 28-3.5
- 15 Kiera Osborne Foley 28-2.5
- 16 Shannon Isakson St. Francis 28-1
- 17 Abby Baker Princeton 27-10.5
- 18 Carolyn Hanisch St. Cloud Tech 27-5
- 19 Mick Dudek Princeton 27-3.25
- 20 Greta Schwirtz Big Lake 27-1.5
- 21 Emily Edlund Big Lake 26-8.75
- 22 Sadie Massey Becker 26-7.5
- 23 Ellie Linden Milaca 26-6.5
- 24 Lauren Duvall Zimmerman 26-1.5
- 25 Mya Swanson Princeton 25-8.5
- 26 Reese Hausmann Becker 24-9.5
- 27 Lydia Peterson Spectrum 24-3.75
- 28 Lucy Heringlake St. Cloud Apollo 24-3.5
- 29 Taylor Knadel St. Cloud Apollo 23-6.5
- 30 Jaiden Agou St. Cloud Apollo 23-3.75
- 31 Andrea Lingbeek Spectrum 22-11.5
- 32 Lilli Janisch Big Lake 22-7.75

Girls Varsity Discus Finals

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Athlete Yr Team Mark

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- 1 Lucille Hanson Spectrum 117-11
- 2 Ella Duevel Foley 112-9
- 3 Camenae Gustafson Monticello 109-0
- 4 Kathrine Lemke Monticello 104-8
- 5 Rayla Trembath Zimmerman 100-8
- 6 Ella Tschida Becker 97-11
- 7 Lauren Duvall Zimmerman 96-11
- 8 Zoey Olson St. Francis 92-11
- 9 Addison Greninger Milaca 90-10
- 10 Lydia Peterson Spectrum 87-2
- 11 Abby Wheeler Foley 85-8
- 12 Allison Hart Monticello 82-8
- 13 Sophia Marshall St. Francis 82-6

- 14 Mya Swanson Princeton 81-3.5
- 15 Lucy Heringlake St. Cloud Apollo 81-2
- 16 Rylea Hausmann Becker 79-0
- 17 Carolyn Hanisch St. Cloud Tech 78-11
- 18 Clara Foss Foley 78-9
- 19 Alayna Palmer Zimmerman 77-6.75
- 20 Jolie-Esther Teboh St. Cloud Tech 76-10
- 21 Alexandra Braun Milaca 75-5
- 22 Madison Michaels St. Francis 74-1
- 23 Emily Edlund Big Lake 74-0.5
- 24 Taylor Knadel St. Cloud Apollo 71-2
- 25 Abby Baker Princeton 70-8.5
- 26 Cassy Hanson Milaca 70-5.75
- 27 Elsie Johnson Big Lake 66-6.5
- 28 Mick Dudek Princeton 64-8.5
- 29 Jaiden Agou St. Cloud Apollo 64-1
- 30 Laila Cook Becker 60-1
- 31 Britta Vagle Big Lake 57-10
- 32 Grace McDonald St. Cloud Tech 55-8
- 33 Andrea Lingbeek Spectrum 53-9

Girls Varsity High Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Kyleigh Noble Princeton 5-6
- 2 Sarah Smith Spectrum 5-1
- 3 Lillian Voss Milaca 5-1
- 4 Raena Volker St. Cloud Tech 4-11
- 5 Lindsey Hohmann Princeton 4-10
- 6 Alivia Voss Big Lake 4-10
- 7 Miracle Jensen St. Cloud Tech 4-10
- 8 Jezabel Dimaze Spectrum 4-8
- 8 Marissa Rotz Zimmerman 4-8
- 10 Ashlynn Mold St. Francis 4-8
- 10 Christina Lorenz Foley 4-8
- 12 Isabelle Valencia Zimmerman 4-8
- Alexis Natzel St. Francis NM
- Eliana Erickson St. Cloud Tech NM
- Sydnee Stanoch St. Cloud Apollo NM
- Leighton Engel St. Cloud Apollo NM
- Aria Deidrick Becker NM
- Bella Kuschel Becker NM
- Lela Burdick Spectrum NM
- Savannah Swanson Monticello NM
- Isabelle Landwehr St. Cloud Apollo NM
- Kaylee Hoppe Princeton NM
- Macy Hass St. Francis NM
- Adyson Arens Milaca NM
- Paris Pietrzak Foley NM
- Daija Schwartz Milaca NM
- Alayna Boe Big Lake NM
- Trinity Verrett Monticello NM
- Kaela Skistad Monticello NM
- Alexis Rose Becker NM
- Laura Dohrmann Foley NM

Girls Varsity Pole Vault Finals

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Athlete Yr Team Mark Wind

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- 1 Taylar Bockoven Milaca 11-7
- 2 Ava Novak Foley 11-1
- 3 Lauren Woelfel Becker 10-7
- 4 Mackenzie Fiedler St. Francis 8-10
- 5 Alexa Anderson Milaca 8-7
- 5 Emily Novak Foley 8-7
- 7 Ava Poseley Zimmerman 8-1
- 7 Laura Kohl Princeton 8-1
- 9 Elena Damiani St. Francis 8-1
- 10 Alayna Boe Big Lake 8-1
- 11 Madeline Kocherer Monticello 8-1
- 12 Sophia Otto Becker 8-1
- 13 Jasmin Potschazkij Princeton 7-7
- 14 Brooke Wendorf Zimmerman 7-7
- 14 Laila Cook Becker 7-7
- 16 Madilyn Niznik St. Francis 7-7
- 17 Ann Sobania Foley 7-7
- 18 Zoe Zigan Monticello 7-1
- Erica Ramberg Big Lake NM
- Kenzie Cotten Monticello NM
- Alaina Forland Zimmerman NM
- Andrea Lingbeek Spectrum NM
- Daniella Orton Spectrum NM
- Brynn Scheer Big Lake NM
- Meisha Person Spectrum NM

Girls Varsity Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Emily Novak Foley 17-6 3.4
- 2 Lauren Hansen Monticello 17-6 1.7
- 3 Taylar Bockoven Milaca 17-3 1.5
- 4 Marissa Rotz Zimmerman 17-3 3.2
- 5 Miracle Jensen St. Cloud Tech 17-0 2.9
- 6 Sasha Steinbach Monticello 16-7 2.0
- 7 Christina Rotz Zimmerman 16-6 2.5
- 8 Raena Volker St. Cloud Tech 16-2 2.0
- 9 Kylee Morton Becker 16-1 2.4
- 10 Ashley Kollie Spectrum 15-11 3.0
- 11 Eleonora Piva Big Lake 15-6.5 2.2
- 12 Olivia Barke Milaca 15-5 1.9
- 13 Brittney Lueck Princeton 15-3 2.7
- 14 Madeline Adkisson Foley 15-0 2.0
- 15 Liz Thorsten Foley 14-10.5 2.7
- 16 Sylvia Stoeckel Becker 14-9.5 3.6
- 17 Ava Poseley Zimmerman 14-8.5 1.8
- 18 Claire Reid St. Francis 14-8 2.4
- 19 Britta White Big Lake 14-7.5 1.9
- 20 Samantha Leaders Becker 14-7.5 2.7
- 21 Amera Stancer St. Francis 14-6.5 3.5
- 22 Sierra Smolen Monticello 14-6 3.3
- 23 Sayla Dittbenner Spectrum 14-3 2.1
- 24 Madelynn Behning Princeton 14-2.5 2.5
- 25 Sabonti Hussein St. Cloud Apollo 13-9.5 2.5

- 26 Esther Evans Milaca 13-8 3.1
- 27 Paige Groetsch St. Cloud Tech 13-7 2.4
- 28 Apiew Wang St. Cloud Apollo 13-5.5 3.4
- 29 Raina White Big Lake 13-5.5 2.7
- 30 Lily Beck Spectrum 13-3 1.4
- 31 Brynne Emmerich Princeton 13-1.5 3.0
- 32 Claire Carpenter St. Francis 12-10 3.0

Girls Varsity Triple Jump Finals

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Athlete	Yr	Team	Mark	Wind
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- 1 Emily Novak Foley 35-9.5 2.2
- 2 Lauren Hansen Monticello 35-9 1.8
- 3 Kaisa Hogan Zimmerman 34-2.75 1.5
- 4 Lauren Woelfel Becker 34-0.25 3.8
- 5 Josie Reckelberg Becker 33-7.75 3.6
- 6 Ashley Kollie Spectrum 33-5.25 1.7
- 7 Naomi Huizenga Big Lake 32-7.5 3.0
- 8 Madeline Adkisson Foley 32-6.5 2.6
- 9 Christina Rotz Zimmerman 32-4.5 2.0
- 10 Brittney Lueck Princeton 32-3.75 2.9
- 11 Sienna Zapeda Monticello 32-0.75 3.0
- 12 Payton Marshall St. Cloud Tech 31-11.5 3.5
- 13 Jezabel Dimaze Spectrum 31-7 2.6
- 14 Gabby Gardner Big Lake 31-3 3.1
- 15 Olivia Frie Monticello 31-2.75 4.0
- 16 Sydney Nelson Princeton 30-10 2.9
- 17 Alexa Anderson Milaca 30-7 2.6
- 18 Hayley Schwartz St. Cloud Tech 30-1.5 1.8
- 19 Alyssa Kinney Becker 30-0.5 3.3
- 20 Iris Rodriguez St. Cloud Tech 29-9.5 4.5
- 21 Liz Thorsten Foley 29-6.25 3.2
- 22 Lillian Voss Milaca 29-5.5 2.3
- 23 Raina White Big Lake 29-0.25 3.4
- 24 Lydia Frette Spectrum 28-2 2.7